

FIRST NATIONS INSURANCE SERVICES LTD.
ANNUAL BENEFITS WORKSHOP – September 15, 16 & 17, 2010
Prince Albert Inn – 3680 – 2nd Ave. West, Prince Albert, Sk.
1-800-922-5855

Wednesday, Sept 15/10:

8 a.m. – 9 a.m.:	Registration and Breakfast (provided)
9 a.m. – 9:10 a.m.:	Opening Prayer
9:10 – 9:15 a.m.:	Opening Remarks
9:15 a.m. – 12:00:	Federal Dept. of Labour – Pat Lawrence
12 :00 – 1:15 p.m.:	Lunch Break
1:15 p.m. – 2:30:	Heart & Stroke Foundation – Stephanie Cross
	Motivational: “Are You Stressed?”
3:15 p.m	Golfing – WEATHER PERMITTING

Thursday, Sept 16/10:

8:00 a.m. – 9:00 a.m.:	Breakfast (provided)
9:00 a.m. – 12 noon:	HRDC - Income Security Programs Eileen Humphries, Donna Pageant
12 noon – 1:15 p.m.:	Lunch Break
1:15 p.m. – 2:15:	HRDC – Income Security Programs (cont’d)
2:15 – 2:30:	Coffee Break
2:30 – 3:30:	Sun Life – Disabilities Management – Maura Alessio

Friday, Sept 17/10:

8 a.m. – 9 a.m.:	Breakfast (provided)
9 a.m. – 9:10 a.m.:	Opening Prayer
9:15 – 10:45 a.m.:	Pension Plans - Stuart McLellan, FNIS
10:45 – 11:00:	Coffee Break
11:00 – 12:30:	Staff of FNIS – Administrative Review Q’s & A’s
12:30 – 1:45:	Lunch provided Draws/Wrap up